

SHAC MEETING
November 18, 2009

Our meeting began at 8:30AM in the Middle School library.

We had 11 in attendance. (See sign-in sheet.)

Funds in SHAC account: \$3,000

- I. Welcome new members
- II. Review role of SHAC committee
- III. Discuss School/Community Health Promotion
 - a. Governor's challenge – Fit Texas (Angie Williams - handouts and discussion)
 - i. A challenge for all GISD campuses
 - ii. It is FREE
 - iii. Teachers can request kits for their classrooms/students
 - iv. Online fitness tracking log (if completed receive awards)
 - v. T-shirt design program – pick winner
 - vi. Angie Williams will get with all Campus Principals to discuss program
 - b. Checkout “Members of Team Nutrition Aim for Success” website (Penney Chesshir)
 - c. Health Fair
 - i. In partnership with Chamber of Commerce and Spring Fest
 - ii. It was a unanimous vote...ALL IN FAVOR
 - iii. It was voted that Loretta Marable would be the Chairperson for this event
 - iv. Some things we discussed as possibilities at the Health Fair were:
 1. Police – car seat safety
 2. Carter Blood Care
 3. Cook's Children
 4. Fire Department
 5. Crime Stoppers
 6. “Tots for Shots”
 7. Huguley Mobile Van
- IV. Open discussion – idea exchange
 - a. CPR training – the idea was tossed around how to incorporate that into the child's learning.
 - i. Angie Williams will check into how much CPR kits cost
 - b. Dance Mats for the Middle School during their P.E. time
 - i. Penney Chesshir will check on costs for mats
 - ii. 4 kids to one mat
- V. Plan next meeting
 - a. January 6, 2010 – 8:30AM – Middle School Library